

Patient information leaflet

Scheduling status
Schedule 0

Proprietary name, strength and pharmaceutical form

Engystol®

Read all of this leaflet carefully because it contains important information for you.

Engystol® is available without a doctor's prescription, for you to treat a mild illness. Nevertheless you still need to use Engystol® carefully to get the best results from it.

- Keep this leaflet. You may need to read it again.
- Do not share Engystol® with any other person.
- Ask your pharmacist if you need more information or advice.
- You must see a doctor if your symptoms worsen or do not improve.

1. What Engystol® contains

1 tabl. cont.:

The active substances are: Vincetoxicum hirundinaria D6 75 mg, Vincetoxicum hirundinaria D10 75 mg, Vincetoxicum hirundinaria D30 75 mg, Sulfur D4 37,5 mg, Sulfur D10 37,5 mg.

The other ingredient is: Magnesium stearate.

1 tablet contains approx. 300 mg lactose.

2. What Engystol® is used for

Pharmacological classification: D. 33.2. Homeopathy.
Discipline of the medicine: Homeopathy

This medicine is prepared in accordance with homeopathic principles and is proposed to activate the non-specific defensive mechanism, particularly in the case of influenza and questionable virus diseases.

3. Before you take Engystol®

Do not take Engystol®:

- if you are hypersensitive (allergic) to active substances or any of the other ingredients of Engystol®.

Pregnancy and breastfeeding:

Homeopathic dilutions of the substances present in this medicament are not known to be toxic during pregnancy and breastfeeding.

If you are pregnant or breastfeeding your baby while taking this medicine, please consult your doctor, pharmacist or other healthcare professional for advice.

Important information about some of the ingredients of Engystol®:

This preparation contains natural lactose. Although the quantity of lactose present is probably not sufficient to cause discomfort, a health professional should be consulted in strong cases of lactose intolerance. A temporary aggravation of the existing symptoms is possible after taking a homeopathic preparation.

Taking other medicines with Engystol®:

If you are taking other medicines on a regular basis, including complementary or traditional medicines, the use of Engystol® with these medicines may cause undesirable interactions.

Please consult your doctor, pharmacist or other healthcare professional for advice.

4. How to take Engystol®

Do not share medicines prescribed for you with any other person.

Always take Engystol® exactly as your doctor has instructed you. You should check with your doctor or pharmacist if you are unsure.

The usual dose is:

Adults and children 12 years and older:
In general, 1 tablet 3x daily.

Children 6-11 years:
In general, 1 tablet 2x daily.

Children 2-5 years:
In general, 1 tablet 1-2x daily.

Infants up to 2 years: In general, 1 tablet 1 x daily.

Acute or initial dosage:

Adults and children 12 years and older:
1 tablet every ½ to 1 hour, up to 12x daily, and then continue with usual dosage.

Children 6-11 years:
1 tablet every 1 to 2 hours, up to 8x daily, and then continue with usual dosage.

Children 2-5 years:
1 tablet every 1 to 2 hours, up to 6x daily, and then continue with usual dosage.

Children younger than 2 years:
1 tablet every 1 to 2 hours, up to 4x daily, and then continue with usual dosage.

The tablets should be allowed to dissolve slowly in the mouth.

For children and infants, it is recommended to crush the tablet and administer it dissolved in a little water.

Do not eat or drink 15 minutes before or after taking the medication.

If you take more Engystol® than you should:

In the event of overdosage, consult your doctor or pharmacist. If neither is available, seek help at the nearest hospital or poison control centre.

If you forget to take Engystol®:

Do not take a double dose to make up for forgotten individual doses.

5. Possible side effects

Engystol® can have side effects.

In individual cases skin rashes may occur after use of Engystol®, in which case use of the product should be discontinued and the patient's doctor consulted.

Not all side effects reported for Engystol® are included in this leaflet. Should your general health worsen while taking this medicine, please consult your doctor, pharmacist or other healthcare professional for advice.

If you notice any side effects not mentioned in this leaflet, please inform your doctor or pharmacist.

6. Storing and disposing of Engystol®

Keep all medicines out of the reach and sight of children.

- Store in a cool (below 25 °C) dry place.

7. Presentation of Engystol®

Containers of 50 tablets.

8. Identification of Engystol®

White to yellow white tablets.

9. Registration number / Reference number

D501098 (Act 101/1965)

10. Name and business address of the holder of the certificate of registration

ModHomCo (Pty) Ltd
96 Amsterdam Street
Clubview, 0157 Centurion

11. Date of publication

April 2024

This unregistered medicine has not been evaluated by the SAHPRA for its quality, safety or intended use.

Pasiënt-inligtingstuk 071564/5004/ZA

Skeduleringstatus
Skedule 0

Handelsnaam, sterkte en farmaseutiese vorm

Tablets / Tablette

Lees die hele inligtingstuk noukeurig aangesien dit belangrike inligting bevat.

Engystol® is sonder 'n doktersvoorskrif beskikbaar om 'n ligte siekte mee te behandel. Nogtans moet u Engystol® versigtig gebruik om die beste resultate te verkry.

- Hou hierdie inligtingstuk. U mag dit weer moet lees.
- Moenie Engystol® met enige ander persoon deel nie.
- Vra u apteker indien u meer inligting of advies benodig.
- U moet 'n geneesheer raadpleeg indien u simptome vererger of nie verbeter nie.

1. Wat Engystol® bevat

1 tabl. bevat:

Die aktiewe bestanddele is: Vincetoxicum hirundinaria D6 75 mg, Vincetoxicum hirundinaria D10 75 mg, Vincetoxicum hirundinaria D30 75 mg, Sulfur D4 37,5 mg, Sulfur D10 37,5 mg.

Die ander bestanddeel is: Magnesiumstearaat.

1 tablet bevat ong. 300 mg laktose.

2. Waarvoor Engystol® gebruik word

Farmakologiese klassifikasie: D. 33.2. Homeopatie.
Dissipline van die medisyne: Homeopatie

Hierdie medisyne is in ooreenstemming met homeopatie se beginsels voorberei en word voorgestel om die non-spesifieke defensiewe meganisme te aktiveer, spesifiek in die geval van griep en twyfelagtige virus siektes.

3. Voordat u Engystol® neem

Moenie Engystol® neem:

- indien u hipersensitief (allergies) is vir die aktiewe bestanddele of enige van die ander bestanddele van Engystol® nie.

Swangerskap en borsvoeding:

Homeopadiese verdunnings van die bestanddele teenwoordig in hierdie medisyne is nie bekend om tydens swangerskap en borsvoeding toksies te wees nie.

Indien u swanger is of u baba borsvoed terwyl u hierdie medisyne neem, raadpleeg asseblief u geneesheer, apteker of ander professionele gesondheidswerker vir advies.

Belangrike inligting omtrent sommige van die bestanddele van Engystol®:

Hierdie preparaat bevat natuurlike laktose. Hoewel die hoeveelheid laktose aanwesig waarskynlik nie genoegsaam is om ongemak te veroorsaak nie, moet 'n professionele gesondheidswerker geraadpleeg word in erge gevalle van laktose-onverdraagsaamheid. 'n Tydelike verergering van die simptome is moontlik na die neem van 'n homeopadiese preparaat.

Die neem van ander medisyne met Engystol®:

Indien u ander medisyne, insluitend komplementêre of tradisionele medisyne op 'n gereelde grondslag neem, mag die gebruik van hierdie medisyne ongewenste interaksies veroorsaak.

Raadpleeg asseblief u geneesheer, apteker of ander professionele gesondheidswerker vir advies.

4. Hoe om Engystol® te neem

Moenie medisyne wat vir u voorgeskryf is met enige ander persoon deel nie.

Neem Engystol® altyd presies soos wat dit vir u voorgeskryf is. U moet u geneesheer of apteker raadpleeg indien u onseker is.

Die gewone dosis is:

Volwassenes en kinders 12 jaar en ouer:
In die algemeen, 1 tablet 3x per dag.

Kinders 6-11 jaar:
In die algemeen, 1 tablet 2x per dag.

Kinders 2-5 jaar:
In die algemeen, 1 tablet 1-2x per dag.

Babas tot 2 jaar oud: In die algemeen, 1 tablet 1 x per dag.

Akute of aanvanklike dosis:

Volwassenes en kinders 12 jaar en ouer:
1 tablet elke ½ tot 1 uur, tot 12x daagliks, en gaan dan voort met die gewone dosis.

Kinders 6-11 jaar:
1 tablet elke 1 tot 2 uur, tot 8x daagliks, en gaan dan voort met die gewone dosis.

Kinders 2-5 jaar:
1 tablet elke 1 tot 2 uur, tot 6x daagliks, en gaan dan voort met die gewone dosis.

Kinders jonger as 2 jaar:
1 tablet elke 1 tot 2 uur, tot 4x daagliks, en gaan dan voort met die gewone dosis.

Die tablette moet stadig in die mond opgelos word.

Vir kinders en babas word dit aanbeveel om die tablette fyn te maak en in 'n bietjie water opgelos, toe te dien.

Moenie vir 15 minute voordat of nadat die medikasie geneem word eet of drink nie.

Indien u meer Engystol® neem as wat u moet:

In die geval van oordosering, raadpleeg u geneesheer of apteker. Indien nie een van hulle beskikbaar is nie, soek hulp by die naaste hospitaal of gifbeheersentrum.

Indien u vergeet om Engystol® te neem:

Moenie 'n dubbeldosis neem om op te maak vir vergeete individuele dosisse nie.

5. Moontlike nuwe-effekte

Engystol® kan nuwe-effekte hê.

In individuele gevalle mag veluitslag na die gebruik van Engystol® voorkom, in welke geval gebruik van die produk gestaak moet word en die pasiënt se geneesheer geraadpleeg moet word.

Nie alle nuwe-effekte wat vir Engystol® gerapporteer is word in hierdie inligtingstuk ingesluit nie. Indien u algemene gesondheid vererger terwyl u hierdie medisyne neem, raadpleeg u geneesheer, apteker of ander professionele gesondheidswerker vir advies.

Indien u enige nuwe-effekte opmerk wat nie in hierdie inligtingstuk genoem word nie, stel asseblief u geneesheer of apteker in kennis.

6. Opberging van en beskikking oor Engystol®

Bêre alle medisyne buite die bereik en sig van kinders.

- Bêre in 'n koel (onder 25 °C) droë plek.

7. Aanbieding van Engystol®

Houers van 50 tablette.

8. Identifikasie van Engystol®

Wit tot geelwit tablette.

9. Registrasienommer / Verwysingsnommer

D501098 (Wet 101/1965)

10. Naam en besigheidsadres van die houer van die registrasiesertifikaat

ModHomCo (Edms) Bpk
Amsterdamstraat 96
Clubview, 0157 Centurion

11. Datum van publikasie

April 2024

Hierdie ongeregistreerde medisyne is nie deur die SAHPRA vir kwaliteit, veiligheid of beoogde gebruik geëvalueer nie.

-Heel

Engystol®

1. Scheduling status

Schedule 0

2. Proprietary name and dosage form

Engystol® Tablets

3. Composition

1 tabl. cont.: Vincetoxicum hirundinaria D6 75 mg, Vincetoxicum hirundinaria D10 75 mg, Vincetoxicum hirundinaria D30 75 mg, Sulfur D4 37,5 mg, Sulfur D10 37,5 mg.
Excipient: Magnesium stearate.
1 tablet contains approx. 300 mg lactose.

4. Pharmacological classification

D. 33.2. Homeopathy.

5. Pharmacological action

Action based on homeopathic principles.

6. Indications

This medicine is prepared in accordance with homeopathic principles and is proposed to activate the non-specific defensive mechanism, particularly in the case of influenza and questionable virus diseases.

7. Contraindications

Hypersensitivity to any of the ingredients, including excipients.

8. Warnings

This preparation contains natural lactose. Although the quantity of lactose present is probably not sufficient to cause discomfort, a health professional should be consulted in strong cases of lactose intolerance. A temporary aggravation of the existing symptoms is possible after taking a homeopathic preparation.

9. Interactions

No interactions studies have been performed.

10. Pregnancy and lactation

Homeopathic dilutions of the substances present in this medicament are not known to be toxic during pregnancy and breast-feeding.

11. Dosage and directions for use

Adults and children 12 years and older:
In general, 1 tablet 3x daily.

Children 6-11 years:
In general, 1 tablet 2x daily.

Children 2-5 years:
In general, 1 tablet 1-2x daily.

Infants up to 2 years: In general, 1 tablet 1x daily.

Acute or initial dosage:
Adults and children 12 years and older:
1 tablet every ½ to 1 hour, up to 12x daily, and then continue with usual dosage.

Children 6-11 years:
1 tablet every 1 to 2 hours, up to 8x daily, and then continue with usual dosage.

Children 2-5 years:
1 tablet every 1 to 2 hours, up to 6x daily, and then continue with usual dosage.

Children younger than 2 years:
1 tablet every 1 to 2 hours, up to 4x daily, and then continue with usual dosage.

The tablets should be allowed to dissolve slowly in the mouth.
For children and infants, it is recommended to crush the tablet and administer it dissolved in a little water.
Do not eat or drink 15 minutes before or after taking the medication.

12. Side effects and special precautions

12.1 Side effects

In individual cases skin rashes may occur after use of Engystol®, in which case use of the product should be discontinued and the patient's doctor consulted.

12.2 Special precautions

None known.

12.3 Effects on ability to drive and use machines

13. Known symptoms of overdose and particulars of its treatment

None known.

14. Identification

White to yellow white tablets.

15. Presentation

Containers of 50 tablets.

16. Storage instructions

Store in a cool (below 25 °C) dry place beyond the reach of children.

17. Registration number

D501098 (Act 101/1965)

18. Name and business address of the holder of the certificate of registration

ModHomCo (Pty) Ltd
96 Amsterdam Street
Clubview, 0157 Centurion
Manufactured in Germany.

19. Date of publication of the professional information

April 2024

This unregistered medicine has not been evaluated by the SAHPRA for its quality, safety or intended use.

Tablets / Tablette

1. Skeduleringstatus

Skedule 0

2. Handelsnaam en doseervorm

Engystol® Tablette

3. Samestelling

1 tabl. bevat: Vincetoxicum hirundinaria D6 75 mg, Vincetoxicum hirundinaria D10 75 mg, Vincetoxicum hirundinaria D30 75 mg, Sulfur D4 37,5 mg, Sulfur D10 37,5 mg.
Bymiddel: Magnesiumstearaat.
1 tablet bevat ong. 300 mg laktose.

4. Farmakologiese klassifikasie

D. 33.2. Homeopatie.

5. Farmakologiese werking

Werking gebaseer op homeopatiese beginsels.

6. Indikasies

Hierdie medisyne is in ooreenstemming met homeopatiese beginsels voorberei en word voorgestel om die non-spesifieke defensiewe meganisme te aktiveer, spesifiek in die geval van griep en twyfelagtige virussiektes.

7. Kontra-indikasies

Hipersensitiwiteit vir enige van die bestanddele, insluitend die bymiddels.

8. Waarskuwings

Hierdie preparaat bevat natuurlike laktose. Hoewel die hoeveelheid laktose aanwesig waarskynlik nie genoegsaam is om enige ongemak te veroorsaak nie, moet 'n professionele gesondheidswerker in erge gevalle van laktose-onverdraagsaamheid geraadpleeg word. 'n Tydelike verergering van die bestaande simptome is moontlik na die inname van 'n homeopatiese preparaat.

9. Interaksies

Geen interaksie-studies is uitgevoer nie.

10. Swangerskap en borsvoeding

Homeopatiese verdunnings van die bestanddele aanwesig in hierdie preparaat is nie daarvoor bekend om gedurende swangerskap en borsvoeding toksies te wees nie.

11. Dosering en gebruiksaanwysings

Volwassenes en kinders 12 jaar en ouer:
In die algemeen, 1 tablet 3x maal per dag.

Kinders 6-11 jaar:
In die algemeen, 1 tablet 2x per dag.

Kinders 2-5 jaar:
In die algemeen, 1 tablet 1-2x per dag.

Babas tot 2 jaar oud: In die algemeen, 1 tablet 1x per dag.

Akute of aanvanklike dosis:
Volwassenes en kinders 12 jaar en ouer:
1 tablet elke ½ tot 1 uur, tot 12x daaglik, en gaan dan voort met die gewone dosis.

Kinders 6-11 jaar:
1 tablet elke 1 tot 2 uur, tot 8x daaglik, en gaan dan voort met die gewone dosis.

Kinders 2-5 jaar:
1 tablet elke 1 tot 2 uur, tot 6x daaglik, en gaan dan voort met die gewone dosis.

Kinders jonger as 2 jaar:
1 tablet elke 1 tot 2 uur, tot 4x daaglik, en gaan dan voort met die gewone dosis.

Die tablette moet stadig in die mond opgelos word.
Vir kinders en babas word dit aanbeveel dat die tablet fyngemaak word en in 'n bietjie water opgelos, toegedien word.
Moenie vir 15 minute voordat en nadat hierdie medikasie toegedien is, eet of drink nie.

12. Nieuwe-effekte en spesiale voorsorgmaatreëls

12.1 Nieuwe-effekte

In individuele gevalle mag veluitslag na die gebruik van Engystol® voorkom, in welke geval gebruik van die produk gestaak moet word en die pasiënt se geneesheer geraadpleeg word.

12.2 Spesiale voorsorgmaatreëls

Geen bekend nie.

12.3 Effekte op die vermoë om motorvoertuie te bestuur en masjinerie te gebruik

13. Bekende simptome van oordosering en die besonderhede van die behandeling daarvan

Geen bekend nie.

14. Identifikasie

Wit tot geelwit tablette.

15. Aanbieding

Houers van 50 tablette.

16. Opbergingsinstruksies

Bêre in 'n koel (onder 25 °C) droë plek buite die bereik van kinders.

17. Registrasienommer

D501098 (Wet 101/1965)

18. Naam en besigheidsadres van die houër van die registrasie-sertifikaat

ModHomCo (Edms) Bpk
Amsterdamstraat 96
Clubview, 0157 Centurion
Vervaardig in Duitsland.

19. Datum van publikasie van hierdie professionele inligting

April 2024

Hierdie ongeregistreerde medisyne is nie deur die SAHPRA vir kwaliteit, veiligheid of beoogde gebruik geëvalueer nie.