

Patient information leaflet

Scheduling status
Schedule 0

Proprietary name, strength and pharmaceutical form

Vertigoheel®

Read all of this leaflet carefully because it contains important information for you.

Vertigoheel® is available without a doctor's prescription, for you to treat a mild illness. Nevertheless you still need to use Vertigoheel® carefully to get the best results from it.

- Keep this leaflet. You may need to read it again.
- Do not share Vertigoheel® with any other person.
- Ask your pharmacist if you need more information or advice.
- You must see a doctor if your symptoms worsen or do not improve.

1. What Vertigoheel® contains

1 tablet cont.:

The active substances are: Anamirta cocculus D4 210 mg, Conium maculatum D3 30 mg, Ambra grisea D6 30 mg, Petroleum rectificatum D8 30 mg.

The other ingredient is: Magnesium stearate.

1 tablet contains approx. 300 mg lactose.

2. What Vertigoheel® is used for

Pharmacological classification:

D. 33.2. Homeopathy.

Discipline of the medicine: Homeopathy

This medicine is prepared in accordance with homeopathic principles and is proposed for use in dizziness of various origins (particularly arising from arteriosclerosis).

3. Before you take Vertigoheel®

Do not take Vertigoheel®:

- if you are hypersensitive (allergic) to
 - active substances or any of the other ingredients of Vertigoheel®
 - quinine

Pregnancy and breastfeeding:

If you are pregnant or breastfeeding your baby while taking this medicine, please consult your doctor, pharmacist or other healthcare professional for advice.

Important information about some of the ingredients of Vertigoheel®:

This preparation contains natural lactose. Although the quantity of lactose present is probably not sufficient to cause discomfort, a health professional should be consulted in strong cases of lactose intolerance. A temporary aggravation of the existing symptoms is possible after taking a homeopathic preparation.

Taking other medicines with Vertigoheel®:

If you are taking other medicines on a regular basis, including complementary or traditional medicines, the use of Vertigoheel® with these medicines may cause undesirable interactions.

Please consult your doctor, pharmacist or other healthcare professional for advice.

4. How to take Vertigoheel®

Do not share medicines prescribed for you with any other person.

Always take Vertigoheel® exactly as your doctor has instructed you. You should check with your doctor or pharmacist if you are unsure.

The usual dose is:

Adults (and children 12 yrs and older):

In general, 1 tablet 3x daily. In agreement with your doctor or healthcare professional, the dose can be increased to 3 tablets 3x a day if necessary.

Children 6–11 yrs.: In general, 1 tablet 2x a day.

Children 2–5 yrs.: In general, 1 tablet 1-2x a day.

Acute or initial dose:

Adults (and children 12 years and over): 1 tablet every ½ to 1 hour, up to 12x daily, then continue with usual dose.

Children 6–11 years: 1 tablet every 1 to 2 hours, up to 6x daily, then continue with usual dose.

Children 2–5 years: 1 tablet every 1 to 2 hours, up to 4x daily, then continue with usual dose.

Method of administration:

Preferably, let the tablet dissolve in the mouth, and then swallow. For children, it is possible to crush the tablet and add to a small amount of water before administration.

It is recommended not to eat or drink 15 minutes before or after taking the medication.

If you take more Vertigoheel® than you should:

In the event of overdose, consult your doctor or pharmacist. If neither is available, seek help at the nearest hospital or poison control centre.

If you forget to take Vertigoheel®:

Do not take a double dose to make up for forgotten individual doses.

5. Possible side effects

Vertigoheel® can have side effects.

None known.

Not all side effects reported for Vertigoheel® are included in this leaflet. Should your general health worsen while taking this medicine, please consult your doctor, pharmacist or other healthcare professional for advice.

If you notice any side effects not mentioned in this leaflet, please inform your doctor or pharmacist.

6. Storing and disposing of Vertigoheel®

Keep all medicines out of the reach and sight of children.

Store in a cool (below 25 °C) dry place.

7. Presentation of Vertigoheel®

Containers of 50 tablets.

8. Identification of Vertigoheel®

White to light yellow tablets.

9. Registration number / Reference number

U 5515 (Act 101/1965)

10. Name and business address of the holder of the certificate of registration

ModHomCo (Pty) Ltd
96 Amsterdam Street
Clubview, 0157 Centurion

11. Date of publication

April 2024

This unregistered medicine has not been evaluated by the SAHPRA for its quality, safety or intended use.

Pasiënt-inligtingstuk

015232/5006/ZA

Skeduleringsstatus
Skedule 0

Handelsnaam, sterkte en farmaseutiese vorm

Tablets / Tablette

Lees die hele inligtingstuk aangesien dit belangrike inligting bevat.

Vertigoheel® is sonder 'n doktersvoorskrif beskikbaar om 'n ligte siekte mee te behandel. Nogtans moet Vertigoheel® versigtig gebruik word om die beste resultate te kry.

- Hou hierdie inligtingstuk. U mag dit weer moet lees.
- Moenie Vertigoheel® met enige ander persoon deel nie.
- Vra u apteker indien u meer inligting of advies benodig.
- U moet 'n geneesheer raadpleeg indien u simptome vererger of nie verbeter nie.

1. Wat Vertigoheel® bevat

1 tablet bevat:

Die aktiewe bestanddele is: Anamirta cocculus D4 210 mg, Conium maculatum D3 30 mg, Ambra grisea D6 30 mg, Petroleum rectificatum D8 30 mg.

Die ander bestanddeel is: Magnesiumstearaat.

1 tablet bevat ong. 300 mg laktose.

2. Waarvoor Vertigoheel® gebruik word

Farmakologiese klassifikasie:

D. 33.2. Homeopatie.

Dissipline van die medisyne: Homeopatie

Hierdie medisyne is in ooreenstemming met homeopatiese beginsels voorberei en word voorgestel vir gebruik in duiseligheid van verskeie oorspronge (spesifiek as gevolg van arteriosklerose).

3. Voordat u Vertigoheel® neem

Moenie Vertigoheel® neem:

- indien u hipersensitief (allergies) is vir
 - die aktiewe bestanddele of enige van die ander bestanddele van Vertigoheel®
 - kinien

Swangerskap en borsvoeding:

Indien u swanger is of u baba borsvoed terwyl u hierdie medisyne neem, raadpleeg asseblief u geneesheer, apteker of ander professionele gesondheidswerker vir advies.

Belangrike inligting omtrent sekere van die bestanddele van Vertigoheel®:

Hierdie preparaat bevat natuurlike laktose. Hoewel die hoeveelheid laktose aanwesig waarskynlik nie genoegsaam is om ongemak te veroorsaak nie, moet 'n professionele gesondheidswerker geraadpleeg word in erge gevalle van laktose-onverdraagsaamheid. 'n Tydelike verergering van die simptome is moontlik na die neem van 'n homeopatiese preparaat.

Die neem van ander medisyne met Vertigoheel®:

Indien u ander medisyne, insluitend komplementêre of tradisionele medisyne op 'n gereelde grondslag neem, mag die gebruik van hierdie medisyne ongewenste interaksies veroorsaak.

Raadpleeg asseblief u geneesheer, apteker of ander professionele gesondheidswerker vir advies.

4. Hoe om Vertigoheel® te neem

Moenie medisyne wat vir u voorgeskryf is met enige ander persoon deel nie.

Neem Vertigoheel® altyd presies soos wat dit vir u voorgeskryf is. U moet u geneesheer of apteker raadpleeg indien u onseker is.

Die gewone dosis is:

Volwassenes (en kinders 12 jaar en ouer):

In die algemeen, 1 tablet 3x daaglik. In ooreenstemming met jou dokter of gesondheidswerker kan die dosis verhoog word na 3 tablette 3x per dag indien nodig.

Kinders 6–11 jaar: In die algemeen, 1 tablet 2x per dag.

Kinders 2–5 jaar: In die algemeen, 1 tablet 1-2x per dag.

Akute of aanvanklike dosis:

Volwassenes (en kinders 12 jaar en ouer): 1 tablet elke ½ tot 1 uur, tot 12x daaglik, en gaan dan voort met gewone dosis.

Kinders 6–11 jaar: 1 tablet elke 1 tot 2 uur, tot 6x daaglik, en gaan dan voort met gewone dosis.

Kinders 2–5 jaar: 1 tablet elke 1 tot 2 uur, tot 4x daaglik, en gaan dan voort met gewone dosis.

Metode van administrasie:

Laat die tablet verkieslik in die mond oplos, en sluk dan. Vir kinders is dit moontlik om die tablet fyn te maak en by 'n klein bietjie water te voeg voor toediening.

Dit word aanbeveel dat daar vir 15 minute voordat en nadat die medikasie geneem word, nie geëet of gedrink word nie.

Indien u meer Vertigoheel® neem as wat u moet:

In die geval van 'n oordosering, raadpleeg u geneesheer of apteker. Indien hulle nie beskikbaar is nie, soek hulp by die naaste hospitaal of gifbeheersentrum.

Indien u vergeet om Vertigoheel® te neem:

Moenie 'n dubbeldosis neem om op te maak vir die vergete individuele dosis nie.

5. Moontlike nuwe-effekte

Vertigoheel® kan nuwe-effekte hê.

Geen bekend nie.

Nie alle nuwe-effekte wat vir Vertigoheel® gerapporteer is word in hierdie inligtingstuk ingesluit nie. Indien u algemene gesondheid vererger terwyl u hierdie medisyne neem, raadpleeg u geneesheer, apteker of ander professionele gesondheidswerker vir advies.

Indien u enige nuwe-effekte ervaar wat nie in hierdie inligtingstuk genoem word nie, stel asseblief u geneesheer of apteker in kennis.

6. Opberging van en beskikking oor Vertigoheel®

Bêre alle medisyne buite die bereik en sig van kinders.

Bêre in 'n koel (onder 25 °C) droë plek.

7. Aanbieding van Vertigoheel®

Houers van 50 tablette.

8. Identifikasie van Vertigoheel®

Wit tot liggeel tablette.

9. Registrasienommer / Verwysingsnommer

U 5515 (Wet 101/1965)

10. Naam en besigheidsadres van die houer van die registrasiesertifikaat

ModHomCo (Edms) Bpk
Amsterdamstraat 96
Clubview, 0157 Centurion

11. Datum van publikasie

April 2024

Hierdie geregistreerde medisyne is nie deur die SAHPRA vir kwaliteit, veiligheid of beoogde gebruik geëvalueer nie.

-Heel

Vertigoheel®

1. Scheduling status

Schedule 0

2. Proprietary name and dosage form

Vertigoheel® Tablets

3. Composition

1 tablet cont.: Anamirta cocculus D4 210 mg, Conium maculatum D3 30 mg, Ambra grisea D6 30 mg, Petroleum rectificatum D8 30 mg.
Excipient: Magnesium stearate.
1 tablet contains approx. 300 mg lactose.

4. Pharmacological classification

D. 33.2. Homeopathy.

5. Pharmacological action

Action based on homeopathic principles.

6. Indications

This medicine is prepared in accordance with homeopathic principles and is proposed for use in dizziness of various origins (particularly arising from arteriosclerosis).

7. Contraindications

Hypersensitivity to quinine.

8. Warnings

This preparation contains natural lactose. Although the quantity of lactose present is probably not sufficient to cause discomfort, a health professional should be consulted in strong cases of lactose intolerance. A temporary aggravation of the existing symptoms is possible after taking a homeopathic preparation.

9. Interactions

No interactions studies have been performed.

10. Pregnancy and lactation

Safety and/or efficacy has not been established.

11. Dosage and directions for use

Adults (and children 12 yrs and older): In general, 1 tablet 3x daily.
The dose can be increased to 3 tablets 3x a day if necessary.
Children 6–11 yrs.: In general, 1 tablet 2x a day.
Children 2–5 yrs.: In general, 1 tablet 1–2x a day.

Acute or initial dose:
Adults (and children 12 years and over): 1 tablet every ½ to 1 hour, up to 12x daily, then continue with usual dose.
Children 6–11 years: 1 tablet every 1 to 2 hours, up to 6x daily, then continue with usual dose.
Children 2–5 years: 1 tablet every 1 to 2 hours, up to 4x daily, then continue with usual dose.

Method of administration:
Preferably, let the tablet dissolve in the mouth, and then swallow. For children, it is possible to crush the tablet and add to a small amount of water before administration.

It is recommended not to eat or drink 15 minutes before or after taking the medication.

12. Side effects and special precautions

12.1 Side effects

None known.

12.2 Special precautions

None known.

12.3 Effects on ability to drive and use machines

13. Known symptoms of overdosage and particulars of its treatment

None known.

14. Identification

White to light yellow tablets.

15. Presentation

Containers of 50 tablets.

16. Storage instructions

Store in a cool (below 25 °C) dry place beyond the reach of children.

17. Registration number

U 5515 (Act 101/1965)

18. Name and business address of the holder of the certificate of registration

ModHomCo (Pty) Ltd
96 Amsterdam Street
Clubview, 0157 Centurion
Manufactured in Germany.

19. Date of publication of the professional information

April 2024

This unregistered medicine has not been evaluated by the SAHPRA for its quality, safety or intended use.

Tablets / Tablette

1. Skeduleringstatus

Skedule 0

2. Handelsnaam en doseervorm

Vertigoheel® Tablette

3. Samestelling

1 tablet bevat: Anamirta cocculus D4 210 mg, Conium maculatum D3 30 mg, Ambra grisea D6 30 mg, Petroleum rectificatum D8 30 mg.
Bymiddel: Magnesiumstearaat.
1 tablet bevat ong. 300 mg laktose.

4. Farmakologiese klassifikasie

D. 33.2. Homeopatie.

5. Farmakologiese werking

Werkling gebaseer op homeopatiese beginsels.

6. Indikasies

Hierdie medisyne is in ooreenstemming met homeopatiese beginsels voorberei en word voorgestel vir gebruik in duiseligheid van verskeie oorspronge (spesifiek as gevolg van arteriosklerose).

7. Kontra-indikasies

Hypersensitiwiteit vir kinien.

8. Waarskuwings

Hierdie preparaat bevat natuurlike laktose. Hoewel die hoeveelheid laktose aanwesig waarskynlik nie genoegsaam is om enige ongemak te veroorsaak nie, moet 'n professionele gesondheidswerker in erge gevalle van laktose-onverdraagsaamheid geraadpleeg te word. 'n Tydelike verergering van die bestaande simptome is moontlik na die inname van 'n homeopatiese preparaat.

9. Interaksies

Geen interaksie-studies is uitgevoer nie.

10. Swangerskap en borsvoeding

Veiligheid en/of doeltreffendheid is nie vasgestel nie.

11. Dosering en gebruiksaanwysings

Volwassenes (en kinders 12 jaar en ouer): In die algemeen, 1 tablet 3x daaglik.
Die dosis mag verhoog word na 3 tablette 3x per dag indien nodig.
Kinders 6–11 jaar: In die algemeen, 1 tablet 2x per dag.
Kinders 2–5 jaar: In die algemeen, 1 tablet 1–2x per dag.

Akute of aanvanklike dosis:
Volwassenes (en kinders 12 jaar en ouer): 1 tablet elke ½ tot 1 uur, tot 12x daaglik, en gaan dan voort met gewone dosis.
Kinders 6–11 jaar: 1 tablet elke 1 tot 2 uur, tot 6x daaglik, en gaan dan voort met gewone dosis.
Kinders 2–5 jaar: 1 tablet elke 1 tot 2 uur, tot 4x daaglik, en gaan dan voort met gewone dosis.

Metode van administrasie:
Laat die tablet verkieslik in die mond oplos, en sluk dan. Vir kinders is dit moontlik om die tablet fyn te maak en by 'n klein bietjie water te voeg voor toediening.

Dit word aanbeveel dat daar vir 15 minute voordat en nadat die medikasie geneem word, nie geëet of gedrink word nie.

12. Nuwe-effekte en spesiale voorsorgmaatreëls

12.1 Nuwe-effekte

Geen bekend nie.

12.2 Spesiale voorsorgmaatreëls

Geen bekend nie.

12.3 Effekte op die vermoë om motorvoertuie te bestuur en masjinerie te gebruik

13. Bekende simptome van oordosering en besonderhede van die behandeling daarvan

Geen bekend nie.

14. Identifikasie

Wit tot liggeel tablette.

15. Aanbieding

Houers van 50 tablette.

16. Opbergingsinstruksies

Bêre in 'n koel (onder 25 °C) droë plek buite die bereik van kinders.

17. Registrasienommer

U 5515 (Wet 101/1965)

18. Naam en besigheids-adres van die houer van die registrasie-sertifikaat

ModHomCo (Edms) Bpk
Amsterdamstraat 96
Clubview, 0157 Centurion
Vervaardig in Duitsland.

19. Datum van publikasie van hierdie professionele inligting

April 2024

Hierdie ongeregisteerde medisyne is nie deur die SAHPRA vir kwaliteit, veiligheid of beoogde gebruik geëvalueer nie.

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